Topic 4 Worksheet 1

My Voice – reflection task

As you read and watch the resources provided, make notes under each of the following question headings. This will enable you to participate fully in the seminar activities as well as post later to the Forum activity. You can add extra detail to each of the sections if you find different resources and use your own formatting.

* What is my ‘voice’?
* Why is my voice important?
* Who needs to hear my voice (personally, in my studies and professionally)?
* When do I need to be able to use my voice?
* How can I best use my voice?
* Where can I find resources to develop my voice?