

**CHCCCS017 – Provide loss and grief support.**

**Assessment 1 of 1**

Short Answer Questions

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**Assessment Instructions**

**Task overview**

This assessment task is divided into 14 questions. Read each question carefully before typing your response in the space provided.

To complete this assessment, you will need access to an electronic device such as a computer or tablet and have internet connection to conduct research as required, accessing various sources of information using digital media.

**Submission requirements**

To be eligible to be deemed competent in this assessment, you are required to complete and submit this assessment document. Word documents will not be accepted. Please save any Word documents as PDF files before submitting.

Most modern web browsers can open and display a PDF file. However, if you have an older operating system, you may need a PDF reader installed on your device, such as the Acrobat Reader, available from Adobe.

**Windows: Word 2013 and newer**

Choose **File** > **Export** > **Create PDF/XPS**.

**Windows: Word 2010**

1. Click the File tab
2. Click Save As
* To see the Save As dialog box in Word 2013 and Word 2016, you have to choose a location and folder
1. In the File Name box, enter a name for the file, if you haven't already
2. In the Save as type list, click PDF (\*.pdf).
* If you want the file to open in the selected format after saving, select the Open file after publishing check box.
* If the document requires high print quality, click Standard (publishing online and printing).
* If the file size is more important than print quality, click Minimum size (publishing online).
1. Click Options to set the page to be printed, to choose whether markup should be printed, and to select output options. Click OK when finished.
2. Click Save.

**macOS: Office for Mac**

To save your file as a PDF in Office for Mac follow these easy steps:

1. Click the File
2. Click Save As
3. Click File Format towards the bottom of the window
4. Select PDF from the list of available file formats
5. Give your file a name, if it doesn't already have one, then click Export

For more detailed instructions refer to  [Microsoft Support](https://support.microsoft.com/en-us/office/save-or-convert-to-pdf-or-xps-in-office-desktop-apps-d85416c5-7d77-4fd6-a216-6f4bf7c7c110#ID0EBBH=Windows)

**Assessment Information**

**Submission**

You are entitled to three (3) attempts to complete this assessment satisfactorily. Incomplete assessments will not be marked and will count as one of your three attempts.

All questions must be responded to correctly to be assessed as satisfactory for this assessment.

Answers must be typed into the space provided and submitted electronically via the LMS. Hand-written assessments will not be accepted unless previously arranged with your assessor.

**Reasonable adjustment**

Students may request a reasonable adjustment for assessment tasks.

Reasonable adjustment usually involves varying:

* the processes for conducting the assessment (e.g. allowing additional time)
* the evidence gathering techniques (e.g. oral rather than written questioning, use of a scribe, modifications to equipment)

However, the evidence collected must allow the student to demonstrate all requirements of the unit.

Refer to the Student Handbook or contact your Trainer for further information.

 Please consider the environment before printing this assessment.

**Question 1**

Loss can be classified into a range of categories based on various factors such as the impact, duration, and integration into an individual's life. Complete the table below by defining each type of loss and providing three (3) examples of each.

(Word count: Approximately 250 - 300 words in total)

|  |  |
| --- | --- |
| Primary Loss |  |
| 1.2.3. |
| Secondary Loss |  |
| 1.2.3. |
| Cumulative loss |  |
| 1.2.3. |
| Integration of loss  |  |
| 1.2.3. |

**Question 2**

What are the potential impacts of grief, bereavement, and trauma at the individual, family, and community levels? (Word count: Approximately 80-100 words)

|  |  |  |  |
| --- | --- | --- | --- |
|  | Grief | Bereavement  | Trauma |
| Individual level |  |  |  |
| Family level |  |  |  |
| Community level  |  |  |  |

**Question 3**

Briefly describe five (5) kinds of grief reactions that may suggest that an individual is experiencing complex grief in response to the death of a loved one. (Word count: Approximately 120 – 140 words in total)

|  |
| --- |
|  |

**Question 4**

Briefly explain what is meant by ‘disenfranchised grief’ and give three (3) examples of how this may be expressed. (Word count: Approximately 90 - 100 words in total)

**Assessor instructions:** Benchmark standards of student responses provided below, however students’ wordings may vary.

|  |  |
| --- | --- |
| **disenfranchised grief** |  |
| 1.2.3. |

**Question 5**

Sarah is a caregiver in an aged care facility. She has noticed that one of the residents, Mr. Anderson, has been displaying signs of distress and has made comments that indicate he may be contemplating suicide since the passing of his wife. Sarah is deeply concerned about Mr. Anderson's well-being and wants to ensure she responds appropriately to mitigate the risk of suicide.

What reactions may indicate a risk of suicide, and what are the required responses for caregivers in such situations? Suggest three (3) risks and responses.

(Word count: Approximately 70-100 words in total)

|  |  |
| --- | --- |
| **Risks** | **Responses** |
|  |  |
|  |  |
|  |  |

**Question 6**

How can loss, grief, and bereavement impact social and emotional health and well-being?

(Word count: Approximately 50-70 words in total)

|  |
| --- |
|  |

**Question 7**

Complete the following table to identify the differences in response to loss, grief and bereavement. You must identify one (1) difference in each box.

**Assessor instructions:** Benchmark standards of student responses provided below, however students’ wordings may vary.

(Word count: Approximately 100 - 120 words in total)

|  |  |  |  |
| --- | --- | --- | --- |
| **Differences** | **Response to loss**  | **Response to grief** | **Response to bereavement** |
| Social |  |  |  |
| Cultural  |  |  |  |
| Ethic |  |  |  |
| Spiritual |  |  |  |

**Question 8**

Suggest three (3) different contexts and circumstances that may be present prior to loss, and how do they impact grief and bereavement?

(Word count: Approximately 150-170 words in total)

|  |
| --- |
| 1.2.3.  |

**Question 9**

Identify four (4) effective strategies and communication techniques for providing formal and informal grief and bereavement support. Two (2) strategies must be formal and two (2) informal. (Word count: Approximately 120-130 words in total)

|  |
| --- |
| 1.2.3.4. |

**Question 10**

Identify five (5) services that provide support and information resources on grief and bereavement in Australia.

(Word count: Approximately 20 – 25 words in total)

|  |
| --- |
| 1.2.3.4.5. |

**Question 11**

1. Explain the stress vulnerability model in your own words. (Word count: Approximately 100 – 130 words in total)
2. Explain how this model applies to loss and grief support. (Word count: Approximately 40 – 60 words in total)

**Assessor instructions:** Benchmark standards of student responses provided below, however students’ wordings may vary.

|  |
| --- |
|  |

**Question 12**

As a worker providing loss and grief support it is essential that you are taking care of yourself and have access to your own supports.

Complete the following table outlining three (3) self-care strategies and three (3) support services.

(Word count: Approximately 20 – 25 words in total)

|  |  |
| --- | --- |
| **Self-care strategies**  | **Support services**  |
|  |  |
|  |  |
|  |  |
|  |  |

**Question 13**

Complete the following table to explain how each of the legal and ethical considerations apply in an organisation and individual practice.

(Word count: Approximately 200 – 220 words in total)

|  |  |  |
| --- | --- | --- |
| **Legal and ethical considerations**  | **Application to organisation**  | **Application to individual practice**  |
| Duty of care  |  |  |
| Privacy, confidentiality and disclosure  |  |  |
| Work role boundaries  |  |  |

**Question 14**

Identify three (3) responsibilities and limitations in your role when providing loss and grief support.

(Word count: Approximately 30 – 40 words in total)

|  |  |
| --- | --- |
| **Responsibilities** | **Limitations** |
|  |  |
|  |  |
|  |  |

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**Congratulations you have reached the end of Assessment 1!**



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