

## Classes Equipment Use and Maintenance Log

The “Gym Equipment Maintenance Log” needs to be used to list all the equipment used in the Gym to support efficient, cost-effective and safe use of resources.

You will need to add the new equipment in the table below and decide how it will be maintained and cleaned and how often.

**Assessor Instructions:** Students will need to fill out the table below based on the information collected so far in their Assessment 3. Specific instructions are provided under the heading of each column. The students will need to list all four (4) pieces of equipment below. Students' responses regarding how the equipment will be maintained/cleaned and how often will vary, but their responses need to be relevant to the equipment they refer to.

Exercise Machines	How it will be maintained/cleaned	How often will it be maintained (daily/ weekly etc)
Rowing Machines	<ul style="list-style-type: none"><li>• Checked for functionality and safety</li><li>• Clean handles and footplates with antibacterial spray</li></ul>	Every fortnight
Step Machine	<ul style="list-style-type: none"><li>• Checked for functionality and safety</li><li>• Clean handles with antibacterial spray</li></ul>	Every fortnight
Smith Machine	<ul style="list-style-type: none"><li>• Checked for functionality and safety</li><li>• Cleaned with antibacterial spray</li></ul>	Everyday
Cable Machine	<ul style="list-style-type: none"><li>• Checked for functionality and safety</li></ul>	Every Fortnight
Chest Press Machine	<ul style="list-style-type: none"><li>• Checked for functionality and safety</li><li>• Cleaned with antibacterial spray</li></ul>	Everyday

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<<Insert equipment here>> <b>Treadmills</b>	<<Insert equipment here>> <ul style="list-style-type: none"> <li>• Checked for functionality and safety</li> <li>• Cleaned with antibacterial spray</li> </ul>	<<Insert equipment here>> <b>Everyday</b>
<<Insert equipment here>> <b>Air bikes</b>	<<Insert equipment here>> <ul style="list-style-type: none"> <li>• Checked for functionality and safety</li> <li>• Cleaned with antibacterial spray</li> </ul>	<<Insert equipment here>> <b>Everyday</b>
<<Insert equipment here>> <b>Elliptical Trainers</b>	<<Insert equipment here>> <ul style="list-style-type: none"> <li>• Checked for functionality and safety</li> <li>• Cleaned with antibacterial spray</li> </ul>	<<Insert equipment here>> <b>Everyday</b>
<<Insert equipment here>> <b>Leg Press Machine</b>	<<Insert equipment here>> <ul style="list-style-type: none"> <li>• Checked for functionality and safety</li> <li>• Cleaned with antibacterial spray</li> </ul>	<<Insert equipment here>> <b>Everyday</b>