Treatment for Viral infections

**Instructions:**
Answer the following questions in your journal. You will need to carry out your own research to help answer the questions. Useful sites for research include:

* NZF
* Medsafe consumer information leaflets
* Healthify website

You may like to work together with a classmate to research and discuss the scenarios, before submitting your own work.

**Scenario 1:**

Frankie Williams, a pharmacy customer, approaches you and explains that they woke up with a tingling and burning sensation around their lip. They said they googled their symptoms and think it might be a cold sore starting to develop.

1. Explain to Frankie what a cold sore is, including the early and later signs and symptoms.
2. Because Frankie’s symptoms started this morning, you assess he is in the early stages of the cold sore development. Therefore, you recommend Zovirax® topical cream. This cream is most effective and needs to be as soon as the symptoms of tingle occur. Explain to Frankie what Zovirax does, its active ingredient and the onset of action.
3. Frankie asks you to explain how to use the cream. What advice to you provide including frequency of application and the duration of use?
4. How can Frankie avoid spreading the cold sore to other parts of his body or to others?
5. Other products used to treat cold sores are Virasolve Cold Sore Cream and Compeed® Cold Sore Patch. Briefly outline what each of these products do and their directions for use.

**Scenario 2:**

Mary Quant has a 4-year-old son with chickenpox. She has come to the pharmacy to get some advice on the following products that her friend told her about:

* Mebo Anti Itch ointment
* Pinetarsol bath oil

For each product, explain to Mary what it is used for and the directions for use.