**Week 11 Self Directed Learning Activity**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **Personal Hygiene** | |
| Daily practices to prevent infection | Practices when you are unwell |
|  |  |
| **Environmental Hygiene** | |
| Daily practices to prevent infection | Practices when you are unwell |
|  |  |