NZMA Pharmacy Level 5

**Week 30 – Patient Care 2: Musculoskeletal Disorders and Treatment - Strains and sprains.**

Using your previous knowledge, complete the table below.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Disorder** | **Name of the structures involved** | **How the named structures are affected** | **Common causes of the disorder** | **Treatments**  **Pharmaceutical and self-care** |
| **STRAIN** |  |  |  |  |
| **SPRAIN** |  |  |  |  |